The Dobbs decision may be shaping reproductive decision-making in Wisconsin. Post-Dobbs, more 18-29 year-olds sought sterilization, an age associated with higher risk of regret. Future research should examine trends in restricted vs unrestricted states, associated characteristics, and qualitative reasons behind such decision-making.

From 2021-2022, demand for UW OBGYN sterilization consultations increased 138%.

Methods
Retrospective review (1/1/2016 - 12/31/2022) of all patients seen at the UW OBGYN clinics.
Identified consults for sterilization via ICD-10 codes and appointment notes.
Excluded "male" sex and age <18 and ≥52 years
Defined sterilization demand as the percentage of patients seen for sterilization consults out of all patients seen in UW OBGYN.
Conducted unpaired t-tests to evaluate significant differences between years (p<0.05).

Results
2016-2022: 709 out of 97,786 patients (0.73%). Presented to UW OBGYN, for sterilization consult
Increased demand was highest (+173%) among 30-39 year-olds and second highest (+145%) among 18-29 year-olds.

Conclusions
The Dobbs decision may be shaping reproductive decision-making in Wisconsin.
Post-Dobbs, more 18-29 year-olds sought sterilization, an age associated with higher risk of regret.
Future research should examine trends in restricted vs unrestricted states, associated characteristics, and qualitative reasons behind such decision-making.